# Youth Life Coaching Services



# C.H.O.I.C.E

## Children Having Opportunities in Creating Environment

(The choices we make create the environment we find ourselves in.)

### VISION

#### "YOUTH CHOOSING WELL"

## MISSION

To provide youth life enrichment experiences that benefit their present and future spiritual, physical, educational, and social well being.

## **Camp CHOICE teaches:**

"LIFE LESSONS" that build understanding of the human race, our physical world & how individuals find their way through life; guided by the gift of choice.

Several studies have shown that youth who report having faith in a higher power has a significant impact on their lives. Camp CHOICE works with individuals & groups of all faiths, or no faith.

Camp CHOICE Youth Life Coaching Services provides a CHOICE Advocate to work with youth ages 12-24 (may accept youth younger/older, depending on the circumstances) to help them explore their identity, family dynamics, present & future goals and navigate life's challenging elements.

We serve individuals and groups utilizing SMART goals and a point-based system to track progress. Services are \$100 (individuals) \$500 (groups of 10/\$200 per additional member) per session

#### (financial assistance is available/sponsors needed)

The recommended timeline for maximum benefits is six months to a year.

#### Virtual and in-person options available

Expected outcomes include increased self awareness & esteem, personal success and enhanced interpersonal relationships.

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